

Rotary Club of Navi-Mumbai (Hillside)

# HORIZON

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## Organ Donation Awareness Program

**- 07 March 2025**

RCNM Hillside conducted an insightful Organ Donation Awareness session for the students of Ocean Marine Training Institute, Belapur on 7th March 2025. The session aimed to educate and encourage young minds about the importance of organ donation, its impact on saving lives, and the myths surrounding it. Mrs. Prarthana Dwivedi Nath (Associated with Mohan Foundation and Apollo Group, specialises in counselling for organ donation) a newly inducted member of RCNM Hillside took the session and provided valuable information on how organ donation works, who can be a donor, and the legal and ethical aspects involved. She emphasized the critical need for donors worldwide and how a single donor can save multiple lives. Students actively engaged in the discussion, asking questions and sharing their thoughts. The awareness session successfully instilled a sense of responsibility and compassion among the students, inspiring them to spread the message further.

## Womens Day Celebration

**- 08 March 2025**

RCNM Hillside proudly celebrated International Women's Day with great enthusiasm, honoring the contributions of both teaching and non-teaching staff. The event recognized the dedication, resilience, and achievements of the incredible women who play a vital role in shaping the institution. The celebration featured inspiring speeches, engaging activities, and heartfelt appreciation for the efforts of all women staff members. It was a day of gratitude, empowerment, and unity, reinforcing the importance of gender equality and respect. RCNM Hillside remains committed to supporting and uplifting women, ensuring a workplace where they are valued and celebrated — not just today, but every day.



# General Safety & Hands-on CPR Training

- 08 March 2025



On the occasion of the 54th National Safety Week, Rotary Club of Navi Mumbai Hillside in collaboration with Absolute Motion Pvt Ltd, Raballe organized an impactful session on General Safety & Hands-on CPR Training. Doctors from RCNM Hillside, Dr. Surekha Patil (Professor & Former Dean, DY Patil Medical College) and Dr. Ghanshyam Dulera (Factory Medical Officer, Schneider Electric India) conducted the training program and shared their valuable insights, especially on electrical safety. Employees gained life-saving skills, and indeed this session was truly transformational. The number of employees who participated in this training program was more than 100.

## Manosammelan

- 09 March 2025

Every year we (Rotary Club of Navi Mumbai Hillside) collaborate in Awareness sessions, Panel Discussions on topics related to Mental Health under the heading of ManoSAMMelan organized by Rotary Club of Samaritans. This year the event was scheduled 9th March 2025 and the theme was Mental Health and Communication. The Key Note Speaker was the eminent Psychiatrist Dr Harish Shetty who enlightened us on Communication with Children and adolescents. Second speaker was Rtn. Dr Omkar Mate. He shared his insights on \*Mental Health and Communication between spouses. Both the speakers were par excellence. Their insightful sessions were well appreciated & enjoyed by everyone.



## Thalassemia Awareness

- 10 March 2025



Rotary Club of Navi Mumbai Hillside organized a Thalassemia Awareness Session for students of MCA of Bharati Vidyapeeth on 10th March'2025. This educational event aimed to inform young individuals about Thalassemia, an inherited blood disorder that affects haemoglobin production, leading to severe anaemia. The goal was to educate students on the importance of early screening and preventive care. Rtn Prem Kumar and Rtn Nandita Das explained the causes, symptoms, and treatment of Thalassemia in their unique style, making students aware of the challenges faced by those affected. Rtn Prem encouraged the youth to donate blood and told them also about its benefits. The session emphasized the significance of genetic screening and blood tests, especially for young adults who may be carriers without knowing. It was a very informative session.



## Supporting the specially abled

- 12 March 2025

The recent Holi celebration became more meaningful as RCNM Hillside successfully organized an initiative to support specially-abled children from Swayam Siddha School. The event encouraged in house rotarians to purchase Holi colors handcrafted by these talented children, promoting their creativity and self-reliance. The overwhelming response from the members made the initiative a great success, bringing smiles to the children and fostering inclusivity. This effort not only added vibrant colors to the festival but also contributed to a brighter future for the young artisans.



## Holi Celebration Fellowship

- 14 March 2025



RCNM Hillside celebrated Holi with great enthusiasm, bringing together members for a vibrant and joyous event. The festival was marked by laughter, colors, and a strong sense of community, making it a memorable occasion for all. With music, colors, and camaraderie, the Holi celebration truly embodied the spirit of unity and festivity. RCNM Hillside extends heartfelt gratitude to all members for making it memorable.

## Plant Care Activity

- 23 March 2025

Today, RCNM Hillside organized a meaningful plant care activity along with ISR Foundation at Sec-35, Kharghar focusing on nurturing the environment and spreading awareness about sustainability. Rotarians and Volunteers actively participated in painting trees and plants, giving them a fresh and vibrant look while also protecting them from pests and harsh weather conditions. Additionally, they watered the plants to ensure their healthy growth. This initiative not only enhanced the beauty of the surroundings but also reinforced the importance of greenery and conservation. Through such activities, RCNM Hillside continues to promote environmental responsibility, encouraging the community to take small yet impactful steps toward a greener future.



# Annadan

- 30 March 2025



On the auspicious occasion of Gudi Padva, Rotary Club of Navi Mumbai Hillside organized an Annadan (food donation) drive at Vanvashi Kalyan Aashram in Panvel. This initiative aimed to support the underprivileged and tribal communities by providing nutritious and essential food supplies.



Vanvashi Kalyan Aashram, a dedicated organization working for the welfare of tribal children and families, was the chosen venue for this noble cause. The initiative not only provided immediate relief but also reinforced the spirit of community service and compassion.

Through such activities, RCNM Hillside continues to make a meaningful impact, spreading kindness and ensuring that no one goes hungry. Rotarians and their friends and relatives supported this initiative!



## BIRTHDAY'S

Krishna M. Manjare	:	25 - April 2025
Prashant Pujari	:	26 - April 2025
Rishikesh N. Shinde	:	25 - April 2025

